EON EDIBLE GARDENS KEY MESSAGE 3 LESSON PLANS



EON HEALTY EATING

EON EDIBLE GARDENS

This PDF contains lesson plans for the EON Edible Gardens key message: "Look after country & country will look after you".		
esson Plans:	Hand WeedingRecognise a variety of plants	





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LESSON GUIDE Hand Weeding EON Edible Gardens



Key Message:	Look after country & country will look after you.
BACKGROUND:	Weeding is removing an unwanted plant in an unwanted place.
LESSON FOCUS:	Identifying weeds, how to remove them and why you should keep them under control.
Resources/Equipment:	<i>This activity will require some preparation.</i> Gloves, buckets, hand forks, hats, sunscreen, mulch
OUTLINE:	 Select an area of the garden that needs to be weeded. Identify the weeds you are seeking to get out. Explain the importance of wearing gloves when weeding as soil borne germs can enter cuts and sores. Demonstrate how to loosen the soil around the plant before pulling the weed to ensure all roots are pulled. Demonstrate how to grab weeds near the bottom of the stems, close to the dirt where the roots are. Demonstrate how to shake off excess soil and dispose of the weeds properly. Demonstrate how to apply mulch to inhibit further weed growth.
REFLECTION ACTIVITY:	Is there an area in the community that needs weeding? Do you have weeds in your yard at home?
Clean up:	Allocate students to various jobs Clean equipment as required. Discuss putting things away safely. (Correct storage) Wash hands thoroughly with nailbrush.
APPROPRIATENESS:	☑ KK-Year 2 ☑ Years 3-6 ☑ Year 7 plus
EXTENSION IDEAS:	Science activities – identifying weeds from plants. What other ways are there to get rid of weeds?



LESSON GUIDE Recognise a Variety of Plants



EON EDIBLE GARDENS

Key Message:	Look after country & country will look after you.
BACKGROUND:	Different plants for different seasons and uses. Plants to eat, give shade, stop the wind.
Lesson Focus:	Recognise what plants can be eaten, learning their names.
Resources/Equipment:	This activity will require some preparation.
	Flashcards of different plants. At least 8 with picture of plant and name of plant.
OUTLINE:	 Ask students how many plants they know the names of. List plants on a board, have them write them on a piece of paper to take into the garden. Display the flashcards, have them repeat several times. Scavenger hunt for plants listed out in the garden. Students tick off when they have found the plants.
REFLECTION ACTIVITY:	How many of the plants have they eaten? What is their favourite recipe using the plants?
CLEAN UP:	Allocate students to various jobs Clean equipment as required. Discuss putting things away safely. (Correct storage) Wash hands thoroughly with nailbrush.
APPROPRIATENESS:	☑ KK-Year 2 ☑ Years 3-6 ☑ Year 7 plus
EXTENSION IDEAS:	Describe plant parts. Fruits, flowers, leaves, stems. What parts are edible?

