





HIGHLIGHTS OF OUR YEAR

- Successful implementation of the EON Thriving Communities Program in **20 remote Aboriginal communities** in Western Australia with over 200 visits throughout the year by our Project Managers.
- Continual development and enhancement to the Thriving Communities
 Program including the expansion into Rose Nowers Early Learning Centre and the mums and bubs programs at child and parent centres and KindiLink.
- Harvesting a variety of **fruit and vegetables** and cooking delicious foods in communities that typically have limited if any access to fresh fruit and vegetables.
- Facilitating over **500 lessons and workshops** with children and their families about the benefits of eating fresh fruit and vegetables.
- Watching more **students** attend school on the days that EON is visiting.
- Continuing to expand our **collaborative partnerships** with schools, other agencies and not for profit organisations.
- Establishing **new partnerships** with donors, funders and government.
- **Welcoming** three new Project Managers, two in the Pilbara and one in the Kimberley.

OUR VISION

To make a lasting contribution in remote Aboriginal communities to the reduction of preventable and chronic disease caused by poor nutrition.

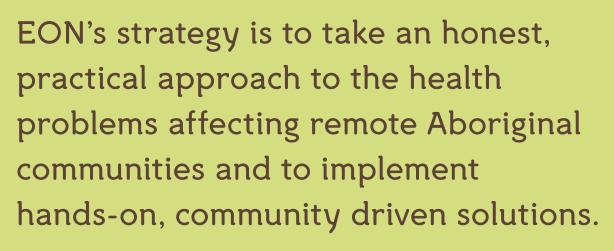
OUR MISSION

To grow, in partnership with Aboriginal communities, edible gardens and practical, healthy eating programs that sow the seeds of changing attitudes to nutrition for generations to come.

THE WAY WE WORK

The core values that guide the way we work include:

- **Trust** we value and seek to develop the trust of the communities in which we work and the trust of our funding partners who enable our work;
- **Respect** for our program participants, stakeholders and each other and the Aboriginal culture; and
- Accountability we do what we say we are going to do.



The problems affecting these communities are severe and there is no quick fix, but there are simple and effective things that can be done today to get to the heart of the problem.



WHAT WE **KNOW**

- The most recent national health survey revealed that approximately one-quarter (23%) of Aboriginal and Torres Strait Islander people had run out of food in the previous year.1
- The availability of nutritious foods, particularly fruit and vegetables, is inadequate in many remote communities.2
- Between 2006 and 2011, the age-specific incidence rates of type 2 diabetes for young Aboriginal and Torres Strait Islander people were more than eight times higher than those for non-Indigenous 10-14 year olds, and almost four times higher than those for non-Indigenous 15-19 year olds.2
- The evidence suggests that the most important factor determining the success of Aboriginal and Torres Strait Islanders' food and nutrition programs is community involvement in (and ideally control of) program development and implementation.1
- Forty-six percent of Aboriginal and Torres Strait Islander people aged 2 years and over had inadequate daily fruit intake and 92% had inadequate daily vegetable intake.3
- The causes of current inadequacies in nutritional intake among Indigenous people are complex; socioeconomic, environmental and geographic factors have influenced the availability of healthy and affordable food.4





- The average distance travelled by community members for fresh food supplies was 49km; the majority of communities (62%) were within 30km of fresh food supplies, while 15% of communities were more than 100km from the nearest fresh food supplies.5
- Indigenous Australians experience some of the highest levels of ear disease and hearing loss in the world, with rates up to ten times more than those for non-Indigenous Australians.6
- By age five, over 70% of children have some form of hearing problem due to infection, impacting ability to learn and participate at school. The association of poor nutrition and ear disease has been confirmed by numerous research groups. Deficiency in nutrients, like B12 and folic acid can impair hearing by as much as 39% while increasing these nutrients, according to some studies, can protect hearing by as much as 20%.7
- Considerable numbers of Indigenous people live in rural or remote areas where fresh, nutritious food is not always readily available and where communities often rely on the stock of the community store.4

Browne J, Adams K, Atkinson P (2016) Food and nutrition programs for Aboriginal and Torres Strait Islander Australians: what works to keep people healthy and strong? Canberra: Deeble Institute for Health Policy Research

Council of Australian Governments (COAG) 2009. National Strategy for Food Security

in Remote Indigenous Communities, COAG Burrow S, Ride K (2016) Review of diabetes among Aboriginal and Torres Strait Islander people. Australian Indigenous HealthInfoNet

⁴Burns J, Thomson N (2008) Review of nutrition and growth among Indigenous peoples.

⁵ Australian Indigenous HealthInfoNet (2013) Overview of the health of Indigenous people in Western Australia 2013.

Senate Community Affairs References Committee (2010) Hear us: inquiry into hearing health in Australia. Canberra: Parliament of Australia: Senate

⁷⁰titis Media in Australia — Incidence, Prevalence and Costs: Expert review of Pharmacoeconomics and Outcomes Research 2008

MESSAGE FROM THE CHAIR

Once again, EON has faced down the dual challenge of responding to remote communities who invite us to deliver our program and the difficult economic and funding environment.

A strategic goal from the previous year was to improve our financial stability by seeking support from the Australian Government. I'm very pleased that this was achieved during the year and we are looking forward to delivering our program in six new communities and also forging a strong and successful partnership with the Australian Government Department of Health.

Our ability to successfully deliver our program in an effective and efficient manner, tailored to each community's needs over many years, leads to strong and trusting relationships. In turn, this has led communities to seek EON's help to develop community enterprises employing the capacity, confidence, skills and aspirations that have been built through our program. This, plus the expanding number of home gardens being built in communities, demonstrates that community members not only acknowledge and understand the link between nutrition and health but have the means to make the change.





We continuously monitor and evaluate our program, achievement of KPIs and changes in knowledge, behaviour and attitudes. Our annual report highlights some feedback from the children and adults participating in the EON Thriving Communities Program. During the year, we also expanded our focus to include 0-3 year-olds as the importance of good nutrition in early development is well known. We continue to be amazed at how excited, interested and skilled these little people have become in such a short space of time.

To all my fellow pro-bono board and advisory panel members, I extend my sincere thanks and gratitude. Our staff delivering our program in remote communities continue to inspire us all, and our Perth staff quietly keep our show on the road - literally.

Caroline de Mori, Chair EON Foundation Inc.

We are on the ground in community every fortnight.

| 2015–2016 | Kimberley communities | Pilbara communities |
|--|-----------------------|------------------------|
| Project Manager visits to community | 94 | 125 |
| Lessons facilitated by our Project Managers | 98 | 380 |
| Students who have participated in our lessons | 1,113# | 4,013# |
| Number of community members who have participated in our workshops | 725 | 1,267 |

^{*}Total interactions not total number of students

Evidence suggests that short-term healthy lifestyle programs designed to prevent type 2 diabetes among Aboriginal and Torres Strait Islander people, can have positive health effects for up to two years, and are more likely to be effective if they are initiated by the community8.







⁸ Burrow S, Ride K (2016) Review of diabetes among Aboriginal and Torres Strait Islander people. Australian Indigenous HealthInfoNet.







EON has continued to implement the highly successful EON Thriving Communities Program. The four elements of the program are:

EON Edible Gardens

A large vegetable, bush tucker and fruit garden is established. The children have access to the fresh produce and learn how to grow it. Assistance is also provided to community members who want to establish an edible garden in the community and at their home. EON enlists the help of Aboriginal Elders to grow bush tucker in the gardens and to share the culture and history of bush plants with the children.

EON Healthy Eating

EON provides a comprehensive nutrition and cooking program for children and community members to increase knowledge about the importance of a healthy diet. The program becomes part of the school timetable and is facilitated by EON Project Managers during their fortnightly visits. EON also conducts regular cooking and nutrition workshops for adults.

EON Thriving Communities Program

EON Healthy Homes

This aspect provides community members with the knowledge, equipment and tools to maintain healthier home environments and reduce communicable diseases. It is an extension of what is learned in EON gardening, food and nutrition workshops. EON also provides home gardens to community members who want to grow an edible garden for their family.

EON Education and Training

EON offers formal horticultural training in partnership with North Regional TAFE and informal training to community members to ensure sustainability of the EON Thriving Communities program and job creation.

The EON Thriving Communities Program builds capacity, prevents disease and improves health by

- ensuring there is a source of fresh healthy food available to communities
- teaching children and adults in the community to grow their own food and prepare it in a healthy environment
- providing nutrition and health education to encourage healthy choices
- providing training and mentoring to ensure sustainability

WHERE DO WE CURRENTLY OPERATE?

The Pilbara

EON continues to work in Warralong, Yandeyarra and South Hedland Primary School. EON has also commenced at Rose Nowers Early Learning Centre, and KindiLink, Best Start and Gumula that are co-located at South Hedland Primary School. EON has commenced in Marble Bar and Nullagine.

Mugarinva Community)

The Dampier Peninsula and surrounds

EON continues to provide targeted post exit support to Djarindjin Lombadina, Beagle Bay and One Arm Point as the community take over the management of their gardens. EON has also continued to work in Bidyadanga and at Milliya Rumurra Drug and Alcohol Rehabilitation Centre in Broome.



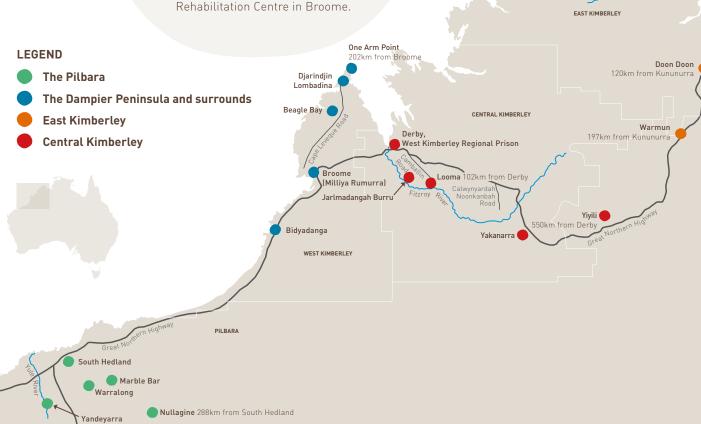
East Kimberley

EON has continued to provide support to Doon Doon and Warmun.

The Central Kimberley

EON continued to provide post exit support to Looma where the community garden continues to flourish. EON continued to work at the West Kimberley Regional Prison until the end of 2015. We have commenced in Yakanarra, Yiyili and Jarlmadangah Burru with the communities very excited about the partnership with EON.

Where do we currently operate? 9





EON'S **ACHIEVEMENTS** FOR 2015-16

More communities – the need continues

EON continues to be contacted by schools, agencies and community members asking to join the EON Thriving Communities Program. We always have a waiting list.

The most critical element of our success is the partnership we have with the school and the community.

Extension of the EON Thriving Communities Program to home gardens

Families living in remote communities are being inspired by the success of school and community gardens and are seeking help from EON to establish a home edible garden. These smaller edible gardens are significantly improving a family's access to a regular source of nutritious food.

Employment of community assistants

EON continues to employ community assistants who work in the gardens between visits and alongside the Project Managers when they are in the community.

EON supports our community assistants to access training opportunities through the partnership with North Regional TAFE.

EON liaises with Community Development Programme providers to offer activities and at times, casual employment opportunities as community assistants.

I couldn't come to work quick enough this morning when I put my EON shirt on.

Pauline, EON Community Assistant, Yandeyarra

More lessons to more students

In 2015, nearly 500 lessons were facilitated by our Project Managers with students in our communities.





EON continues to be an important part of the school program

EON becomes an important and highly respected component of a school's program and many aspects of the EON Thriving Communities Program link directly to the curriculum.

Students love learning outdoors and actively engage in the edible garden and also the healthy eating sessions.

It is often reported to me that student attendance is much higher on the days EON is visiting the school.

EON Project Manager

Visit by The Hon. Sussan Ley MP to Bidyadanga

In October 2015, the Hon. Sussan Ley MP, Minister for Health, Aged Care and Sport visited the EON Thriving Communities Program at the Bidyadanga Community and La Grange Community School.

Minister Ley met with school staff and children, toured the garden and learned about how the EON Thriving Communities Program has worked to improve nutrition for the school's 250 students and the local community.

Minister Ley enjoyed lunch prepared by the students with produce harvested from the EON edible garden.



Securing longer term funding from the Australian **Government Department of Health**

In 2016 we successfully negotiated three years of funding from the Australian Government Department of Health to expand into a further six communities, three in the Kimberley and three in the Pilbara. The funding also enables EON to investigate the transition of the EON Thriving Communities Program into the Northern Territory.

Expanded Board of Directors

In 2016 the EON Foundation extended the number of Directors, bringing together a diverse group of professionals who share the vision for EON and who together strengthen and maintain the governance of the organisation.



ACHIEVEMENT OF THE STRATEGIC **OBJECTIVES OF THE FOUNDATION**

- Grow awareness of the issues and EON solutions

NEW PARTNERSHIPS

- EON commenced a new partnership with the Australian Government Department of Health that has provided funding for EON to expand into six new communities three in the Kimberley and three in the Pilbara. This partnership is also enabling EON to undertake due diligence in the Northern Territory to assess the need for expansion.
- Impact 100 WA winner EON won a grant of \$100,000 that allowed EON to take the EON Thriving Communities Program to Yakanarra in the Kimberley.
- EON secured funding from the Clayton Utz Foundation of \$20,000 to support the infrastructure set up in Yakanarra.
- The Department of Local Government and Communities provided \$10,000 to provide garden materials for post-exit support at four Kimberley communities.
- The Orange Seed Project EON was delighted to be named one of 10 finalists in the 2015 Orange Seed Project. EON received a \$25,000 advertising package with the West Australian and a \$1000 grant.
- The Bass Family Foundation again provided generous funding to EON to enable the exit support and advice to Looma, Beagle Bay, Djarindjin Lombadina and One Arm Point who are concluding the five year implementation of the Thriving Communities Program.
- The Pratt Foundation provided generous funding to undertake due diligence and commence in new communities.
- The Larsen Family provided funding to support the ongoing implementation of the EON Thriving Communities Program.

Royal connections

In November 2015, HRH Prince Charles met members of the EON Foundation Board, one of the Prince's Charities Australia endorsed organisations.





COLLABORATIONS

EON has initiated a Collaborator's Forum to share information and resources with like-minded organisations working in the field of Aboriginal health and education -Telethon Kids Institute, Diabetes WA, Foodbank, Earbus, Stephanie Alexander Kitchen Gardens and School Canteens Association. Wherever possible EON shares resources and information with other organisations to increase impact and ensure we are not duplicating effort.

On the ground EON Project Managers have had great success working collaboratively with many agencies and organisations including Earbus, Pilbara Population Health, Foodbank and Broome Renal Health, often running joint workshops and developing collaborative projects.

EON continues to collaborate closely with Community Development Program (CDP) providers by offering activities, and at times, employment opportunities at EON in the role of community based assistants.

PROGRESS IN THE PILBARA

As a result of the continued generous support of BHP Billiton, the EON Thriving Communities Program continues to grow in Warralong, South Hedland and Yandeyarra. The gardens are now all well established and the students are enjoying their healthy eating classes.

EON Project Manager Jenny Hurse joined us in January and oversees the program delivery across all three communities. Jenny has continued to extend the gardens at South Hedland Primary School to include KindiLink Kindergarten, Gumula Child and Parent Centre, Best Start and Rose Nowers Early Learning Centre for 0-3 year olds. Jenny runs classes two days a week at South Hedland Primary School and the students particularly love the cooking lessons.

Local Aboriginal elders, Beryl and Barbara continue their work with Jenny at the school facilitating sessions with the students on bush foods and local ecology. Anthony also provides assistance to Jenny with the expanding gardens. The Warralong gardens continue to thrive and the staff work closely with Jenny across all elements of the EON program.

EON employs local assistants to work with Jenny and maintain the gardens between visits. Yandeyarra school and community gardens are thriving and the community are highly involved in the EON Thriving Communities Program with many families seeking assistance to install home gardens.

EON is extremely grateful for the continued support of BHP Billiton who generously fund EON's work at Warralong, South Hedland and Yandeyarra.

In August 2016, EON welcomed Stacey Turale as Project Manager in the East Pilbara. Stacey will support the three new EON communities to be established in the coming year.





PROGRESS IN THE KIMBERLEY

EON Project Manager Suzanne O'Connell continues to visit Bidyadanga every fortnight and has become an integral part of the school's program.

The Principal reports that attendance at the school improves on EON days demonstrating how much value the program offers to the school and community. As a result of funding from Hawaiian Investments Pty Ltd, Suzanne has continued the work with the residents at Milliya Rumurra Drug and Alcohol Rehabilitation Centre.

The staff at Milliya Rumurra have increasingly changed their menus to ensure as many ingredients as possible are sourced from their edible garden. Suzanne also provided post exit support to Djarindjin Lombadina, One Arm Point and Beagle Bay through regular contact and a visit once a term. EON has continued to employ local assistants at these communities to ensure the long term sustainability of the EON edible gardens.

The end of 2015 also saw EON exit from Derby Prison.

The school and community gardens at Looma continue to flourish and Suzanne also provides post exit support to Looma continuing to visit once a term with a particular focus on the community garden.

In August 2016, EON welcomed Jo Rose as Project Manager in the Central Kimberley. Jo will support the three new EON communities at Yakanarra, Jarlmadangah Burru and Yiyili.

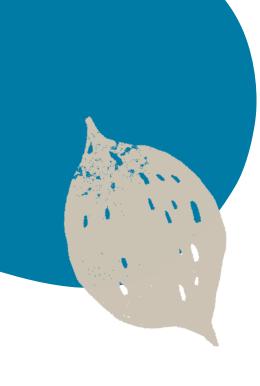
Overview of support provided by Project Managers.

| 2015-2016 | Number of visits | Number of lessons facilitated | Combined number of students participating in lessons | Number of community members attending workshops |
|---------------------|------------------|-------------------------------------|--|---|
| West Kimberley | 62 | 25 | 793 | 470 |
| East Kimberley | 14 | 29 | 194 | 94 |
| Central Kimberley | 14 | 24 | 104 | 139 |
| Pilbara | 125 | 380 | 4,013 | 1,267 |
| Exiting Communities | 4 | 20 | 22 | 22 |













WHAT DOES IT COST?

People

The EON Thriving Communities Program is essentially about capacity building, with a focus on skills transfer to children and adults to ensure the sustainability of the program and improved health outcomes. Most of EON's costs are people costs. EON has two Project Managers in the Kimberley and two in the Pilbara. Project Managers visit each community on average once a fortnight taking lessons, tending to the gardens, and conducting training. EON also employs community assistants who continue the work in the gardens between the Project Manager visits.

EON Directors travel to the communities on a regular basis. These visits are critical to developing relationships, partnering with community, ensuring visibility and demonstrating commitment. The 'on the ground' involvement of the Directors ensures strategic plans and program development are designed to reflect individual community needs and capacity at a grass roots level.

In addition an Horticultural Consultant visits the communities as needed through the year supporting the Project Managers.

Infrastructure and materials

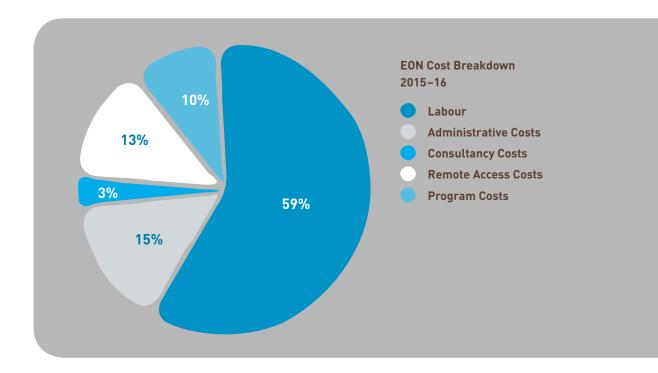
As part of the EON Edible gardens we construct and install raised garden beds, reticulation and shade houses. Additional ongoing costs include the provision of materials such as fertilisers and potting mix, seeds, trees, gardening tools and pest control. To support the EON Healthy Eating program materials such as ingredients, cooking utensils, cooking materials and teaching resources are provided. The EON Healthy Homes program provides materials for home maintenance, home hardware and consumables used in workshops.

Management

EON has a General Manager, Financial Controller and other part time staff based in the Perth office to ensure efficient program delivery and financial accountability. The EON Board support all staff in the Perth office to visit the communities alongside the Project Managers to ensure they understand the needs of each of the EON communities and the work of the Project Managers. Directors and Advisory Panel members donate their time and expertise to EON.

Remote area costs

The geographical location and remoteness of each community means a significant cost in travel, accommodation, fuel and maintenance of vehicles. EON Project Managers can drive up to 1500 kilometres per week often on unsealed roads to maintain their visit schedules.



Labour costs

Include salaries and on costs for all EON's field-based Project Managers, local community assistants and Perth office employees. EON's program is labour intensive, built around employment of Project Managers, each of whom works on the ground in remote communities fortnightly.

Consultancy costs

Principally include the cost of horticultural consultancy.

Administration costs

Include rental of office space, office equipment costs, insurance, IT/phone costs and audit/accounting fees.

Remote area costs

Include travel, accommodation, fuel and maintenance of vehicles to reach the remote Aboriginal communities where EON operates.

Program costs

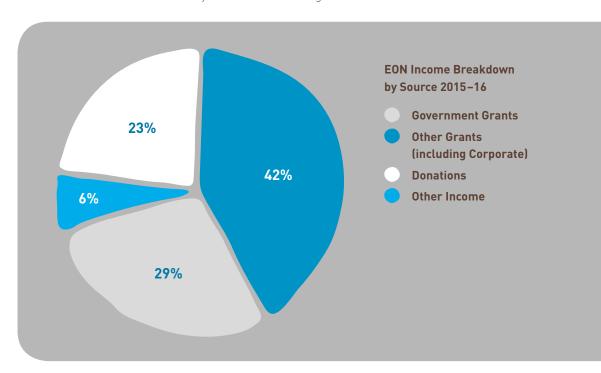
Include the infrastructure and materials involved in establishing and maintaining EON's Edible Gardens, and supplies for Healthy Eating and Healthy Homes Programs.

EON staff are easy to work with. They are clear with communication and constructive ideas support each other - resulting in a highly functional partnership.

Kianna Barker, Pilbara Population Health

HOW IS EON FUNDED?

EON seeks a mix of private, corporate and Government funding to continue the work of the Foundation. EON currently has a diverse funding base.



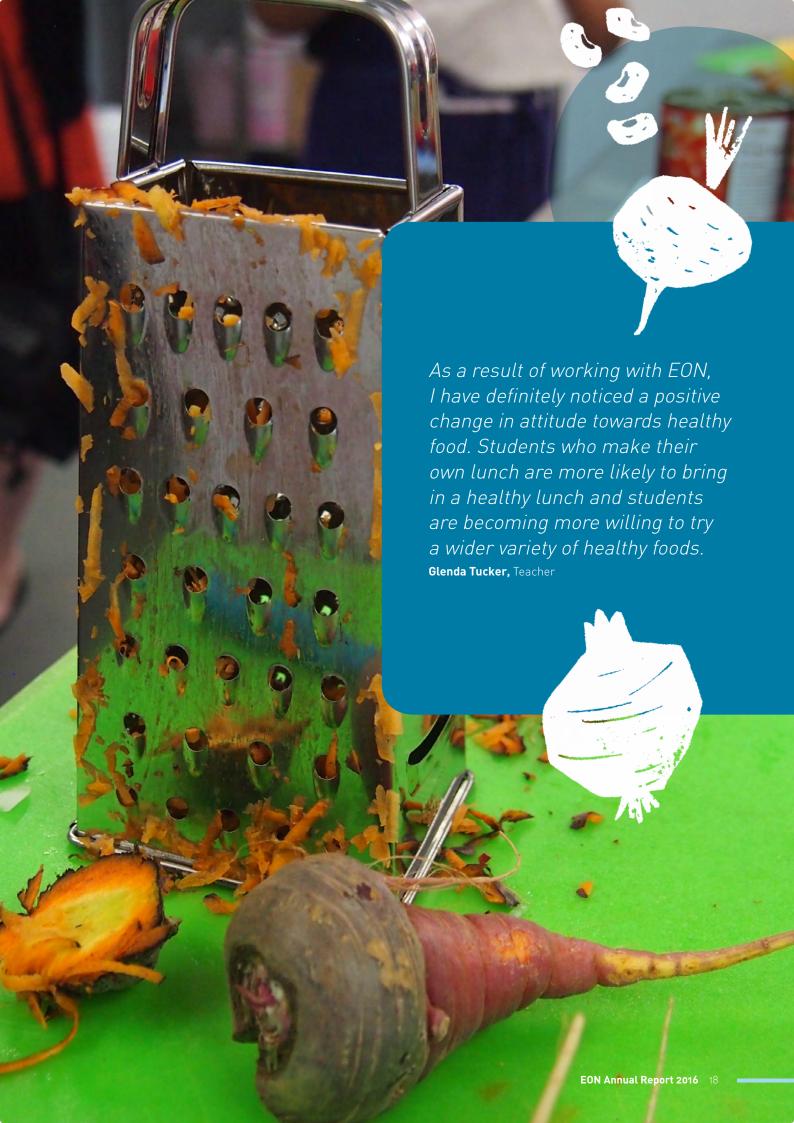


Operating result

Revenue for the year to 30 June 2016 was \$843.7k compared to \$1,325.9k in 2014-15, representing a year-on-year reduction in revenue of 36%. Expenditure was \$794.6k in the period compared to \$1,227.6k in 2014-15, falling 35%. As a result EON recorded a net surplus of \$49.1k for the 2015-16 financial year.

The reduction in revenue and costs for the year reflects a full-year of scaled down support for a number of communities after the completion of the five year program and was also influenced by the tough economic environment. In response EON reduced its overheads and administration costs with a strong focus on cost control, assisted by strong support from a number of suppliers who provide pro bono or heavily discounted administrative and professional services. We wish to acknowledge and express our gratitude for the support of The Brand Agency, Clayton Utz, Gerard Daniels and Hive Web Design.





PARTNERS AND SPONSORS

























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WORKPLACE **GIVING PARTNERS**







EON has continued as a workplace giving partner of Chevron Australia, BHP Billiton and ATCO Gas. This means that employees of these companies are able to choose EON, from a select number of approved charities, as the recipient of regular tax deductible contributions from their salaries. EON thanks our generous workplace giving partners for their co-contribution to EON with each donation.

If you would like to give to EON through workplace giving

We would love to hear from anyone who would like EON as an option for their workplace giving program. Please visit our website or contact EON via phone on 08 9381 5403 or email admin@eon.org.au





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WHERE TO FROM HERE

With the full complement of staff, the Directors are confident about EON's plans for future.

Help EON communities sustain the program outcomes with post exit support

Continue to grow our adaptive and efficient model

The EON Board of Directors have set new strategic objectives for the Foundation in the coming years. These are to:

Ensure financial stability to support future growth

Expand across remote Australia

Clarify, measure and report on outcomes achieved

Grow EON brand awareness

Board of Directors

Caroline de Mori EON Founder and Chair

Katrina Burton Director
Harvey Coates Director
Danielle Blain Director

Paula Rogers
Paul Coates

Director Director

Kaye Butler

Director

Advisory Panel

The Hon. Chief Justice Wayne Martin AC

Dr Erica Smyth

The Hon. Ken Wyatt Jonathon Taylor

EON Staff

Anjie Brook General Manager (full-time)

Anna Morris Financial Controller (3 days per week)

Tracey Stirling Bookkeeper (3 days per week)

Anna Dunnett Administration Officer (3 days per week)

Suzanne O'Connell Kimberley Project Manager

Jo Rose Central Kimberley Project Manager

Jennifer Hurse Pilbara Project Manager

Stacey Turale East Pilbara Project Manager

Our Community Based Assistants

Kenny Hunter Kimberley
Louie Yanawana Kimberley
Joseph Angus Kimberley
Gerard Worm Kimberley
Jillian Fisher Pilbara

Barbara Hale Pilbara

Sabrina Hahn Consultant Horticulturalist

Auditor Dry Kirkness

Beryl PoncePilbaraAnthony HolmanPilbaraPauline MonaghanPilbara

All donations to EON are tax deductible and can be made online at www.eon.org.au





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